

# Royal You Med Spa LLC

## PicoWay Tattoo Removal After Care

### Post Care Instructions: Tattoo Removal

- Following treatment of the tattoo, apply a lubricant (Aquaphor® Healing Ointment or Vaseline®) to the area and cover with a non-stick dressing and paper tape. Apply the lubricant and dressing for 7-10 days following treatment and then re-cover the treatment site with a non-adherent dressing affixed with paper tape.
- Use a broad-spectrum (UVA/UVB) sunscreen SPF 30 or greater for 4-6 weeks prior to and throughout treatment.
- The treated area should be cared for delicately until healing is complete. Prevent trauma to the treated area for the first 7-10 days following treatment. Avoid physical exercise (aerobics, lawn mowing, sport activities) for 1-2 days to reduce the risk of infection. Do not participate in any rough physical activities (playing football or ice hockey, etc.) for 10 days post treatment and avoid excessive perspiration to the area as it may cause tissue disruption. Swimming in chlorinated water should be avoided until full healing in the treatment area, including hot tubs.
- To achieve optimal benefit, multiple treatments may be necessary, spaced approximately 6-12 weeks apart and continued based upon clinical judgment.

Follow up Appointment Date: \_\_\_\_\_

Time: \_\_\_\_\_